

Meet your Carroll Institute Prevention Counselor



About me:

Hello everyone! My name is Kristi VanDeRostyne and I am excited to be Brandon's Prevention Counselor again! This will be my 3rd year in Brandon and my 8th school year at Carroll Institute. I graduated from Tri-Valley High School and then attended USD and received a degree in Addiction Studies with a minor in Psychology. I am now a Certified Addiction Counselor as well as a Certified Prevention Specialist. I am currently living in Hartford with my husband and 2 sons. I enjoy spending time with my family, being out doors, and crafting.

Services provided:

I will be in the Brandon School District on Tuesdays and Wednesdays all school year. I am available to provide a variety of different services with all different age groups during that time. Some of those services include:

- Classroom education through a variety of evidence based curriculums.
- Individual sessions with students that are using or at risk of using substances. As well as students struggling with bullying.
- Free screenings/assessments to determine if a student is in need of further treatment or prevention services.
- Small group sessions to connect students dealing with similar issues. As well as assisting in building skills.
- One time classroom presentations on a variety of topics concerning substance use/abuse and bullying.
- Provide School-wide awareness events to raise awareness about substance abuse and bullying.
- Advising student leader groups such as: TATU (teens against tobacco use), improv, & SADD (students against destructive decisions)

Referrals can come from school staff, parents, probation, & students themselves.

Please let me know if I can assist you and I look forward to being a part of your school this year!